## 3301 HI01 Spiritual Formation

Term: Summer: 2024 Collaborate Course

Name of Instructor: Dr. Brent Schlittenhart

Contact Information-Office Phone Number and WBU Email Address:Office: 808-488-8570; Home: 808-234-6960; Cell 808-551-2263; <a href="mailto:schlittenhartb@wbu.edu">schlittenhartb@wbu.edu</a>; or <a href="mailto:schlittenhartb@yahoo.com">schlittenhartb@yahoo.com</a>; Please use the wbu.edu email for primary correspondence.

Office Hours, Building, and Location: The professor is available at 4 PM before class and 30 minutes after class. The professor is also available by appointment at other times. Office Location is 599 Farrington Highway, Kapolei, HI 96707.

Class Meeting Time and Location:Monday (5:30 PM-8:30 PM) at Kapolei. Collaborate with American Samoa (4:30-7:30 PM). The location in American Samoa is TBD. Collaborate will be set up 30 minutes prior to class.

Catalog Description Principles of discipleship, prayer, spiritual gifts, and ministry involvement.

Method of Instruction: Lecture/Split level: This is a Hybrid Class and will have online work.

Prerequisites/Co-requisites RLGN 1301 and RLGN 1302

## Required Texts:

Title	Editor/Author	Publisher	Ed	Year	ISBN
The Celebration	Richard Foster	HarperCollins	40 <sup>th</sup>	2018	9780062803887
of Discipline			Anniversary		
Bible	Any translation recognized				
	by mainstream Christianity				

The textbooks are Automatic eBooks already in thelassroom

3. Each student will write a Spiritual Discipline Plan journal. Starting in week 2 and going through week 6, students will keep a journal in a word document or pdf file of the spiritual disciplines they have practiced during each day of weeks 2 through 6. The journal needs to make a record of the disciplines practiced and how they perceive those disciplines contributing to their spiritual formation. Student will include at the end of the journal how their practiced disciplines could be incorporated into a local church or small group ministry and the benefits of those incorporated disciplines for those groups.

Tentative Schedule: Course Outline and Calendar

Week 1 06/03/2024 Introduction to Spiritual Disciplines

Required First Assignment in Blackboard due6/4 Required Reading: Foster Foreword and Chapter 1

Blackboard Discussion 1: Student Posting Du6/7, Student Response Du6/10

Week 2 06/10/2024 Inward Disciplines: Meditation and Prayer

Required Reading: Foster Inward Disciplines and Chapters 2 and 3

Blackboard Discussion 2: Student Posting Due/14, Student Response Due/6/17

Week 3 06/17/2024 Inward Disciplines: Fasting and Study

Required Reading: Foster Chapters 4 and 5

Blackboard Discussion 3: Student Posting Du6/21, Student Response Du6/24

Week 4 06/24/2024 Outward Disciplines: Simplicity and Solitude

Required Reading: Foster Outward Disciplines and Chapters 6 and 7

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